

Heritage Volleyball Rules of Conduct

I _____ understand that participation in an athletic program as a Catoosa County School is a privilege and not a right; therefore, I understand and agree to be held to a higher standard of conduct and dress than a student who does not participate in athletics. I acknowledge that this higher standard of conduct will cover my actions at school, on the field, and in the community. I will refrain from taking part in any activity that might reflect negatively on my school or team.

I understand that drugs and alcohol are harmful, and that all athletes in Catoosa County Schools are subject to drug/alcohol testing in accordance with Catoosa County Board of Education drug testing policy. I recognize that the use of tobacco products is a major health risk and is prohibited by school policy; therefore, I agree not to use or possess tobacco products at any time during this school year.

I know that all school rules are in effect during athletic practices and contests, but I also understand that there are additional SPECIAL RULES that are given by the coaching staff to make our team stronger.

SCHOOL CONDUCT

Player assigned to In-School Suspension: (Definition: ISS begins the first day served. The assignment is in effect for 24 hours in respect to participation in school activities)

- 1st Assignment:* Minimum 1 game suspension or dismissal from the team. (Coach's Discretion)
- 2nd Assignment:* Minimum 2 game suspension or dismissal from the team. (Coach's Discretion)
- 3rd Assignment:* Dismissal from the team and must appeal to re-enter the athletic program.

Player assigned to Out-of-School Suspension:

- 1st Assignment: Minimum of 2 game suspension or dismissal from the team. (Coach's Discretion)

TEAM CONDUCT

Unsportsmanlike behavior:

- 1st Offense:* Warning and/or extra drills or exercise (Coach's discretion)
- 2nd Offense:* Punishment at coach's discretion. Note: Any athlete ejected from a game is automatically suspended for the *next* game.
- 3rd Offense:* Dismissal from the team.

Unexcused absences from practice/game:

Coach's discretion to include: running, game suspension, or dismissal from the team.

Note: *Catoosa County School Board Policy does not allow any student to participate on any day he/she is absent from school.*

My signature below constitutes my agreement to comply with these rules. I also understand that these are only the major rules and coaches may supplement these rules with others to govern other situations:

Signed: _____ Date: _____
Student

I, the parent or guardian of _____ have read and understand the above rules. The signing of this document does not necessarily mean I agree with all the rules contained within, but that I have read them and understand that my child will be required to follow them.

Signed: _____ Date: _____
Parent or Guardian